

# Summer At First Church - Week 10

Philippians 4:4-12

**Also:** James 1:2-4; 1 Thessalonians 5:16-22; 1 John 4:7-8; 1 Peter 1:8-9; Nehemiah 8:10; Joshua 1:6-9; 1 Timothy 4:12; 2 Corinthians 6:8-10;

## Discussion Questions

1. What has challenged you, changed you or confused you from this week's sermon or the Scriptures in it?
2. Is there a difference between happiness and joy? If so, how would you distinguish the two?
3. Can you make yourself be joyful? Why or why not?
4. How does joy intersect with our circumstances?
5. Read James 1:2-4
  - o How does one live this out?
  - o Do you ever feel like this kind of command just stinks sometimes?
  - o Have you seen good examples of this? Bad examples?
  - o When you follow it through to verse 4, how does "Count it all joy" connect with "lacking in nothing"?
6. What role does gratitude have in joyful living?
7. What role does focusing on the ultimate truths in life have to do with joy?
  - o 1 John 4:7-8
  - o 1 Peter 1:8-9
  - o 1 Timothy 4:12
  - o 2 Corinthians 6:8-10
8. Have you ever seen someone beat themselves up because they don't have joy?
  - o How does joy interact, intersect, or overlap with grief?
  - o What is a healthy, biblically sound way to walk alongside someone who isn't joyful?

***May you find joy today as you abide in the deep, rich, eternal love of Jesus!***