

# Finding Freedom - Week 2

Galatians 2:19-21; 3:1-3; 11

Also: 1 Corinthians 5:17; Hebrews 11:6; John 14:26; Ephesians 4:22, 5:18; Romans 7-8

## Discussion Questions

1. What has challenged you, changed you or confused you from this week's sermon or the Scriptures in it?
2. The big point of the sermon was - Don't fly back into the cage; you can stay free!
  - What does it mean to fly back into the cage?
  - Why does that happen?
  - When someone repeatedly flies back into the cage, how do we typically treat them?
  - Do you tend to be harder on yourself than on other people?
  - What is the difference between extending repeated forgiveness to someone and incorporating healthy boundaries into your life?
3. The sermon mentioned 4 specific points that can help us:
  - The Bible keeps me free
  - Unwavering faith keeps me free
  - Holy Spirit keeps me free
  - Remembering my Destiny keeps me free
  - Are there others you can list?
  - Which ones have you found helpful? Why?
  - Which one do you need to incorporate?
4. Romans 7 is great parallel teaching about freedom, and also includes a window into Paul's experience with the battle to stay free.
  - What can you learn (intellectually) about the struggle from this passage?
  - What do you learn (emotionally) from the experience described here?
  - How do you relate to this?
5. Romans 8:1-11 includes many of the blessings we have in Christ
  - Why is this a great passage to have right after Romans 7:7-25?
  - Have you ever needed this message?

***Make a list of the blessings in Romans 8:1-11. Spend a few minutes thanking Him for those blessings (or pick one and spend more time on just that one).***