

# Psalm 23 - My Cup Overflows

Scripture: Psalm 23

Also: John 10:10; Philippians 3:12-14; 1 Kings 19:9-13; Matthew 11:28-30

## Discussion Questions

1. What has challenged you, changed you or confused you from this week's sermon or the Scriptures in it?
2. When are some social cues you've given or noticed in a conversation with someone? (Time to go, done with this story/conversation, discomfort with the topic, etc.)
3. In the sermon, Max Lucado's explanation of the overflowing cup was referenced:
  - "The overflowing cup was a powerful symbol in the days of David. Hosts in the ancient East used it to send a message to the guest. As long as the cup was kept full, the guest knew he was welcome. But when the cup sat empty, the host was hinting that the house was late. On those occasions, however, when the host really enjoyed the company of the person, he filled the cup to overflowing. He didn't stop when the wine reached the rim; he kept pouring until the liquid ran over the edge of the cup and down the table."
  - How do you respond (in general) when a gift is given to you? (Do you feel like you need to repay it? Do you just receive it? Etc.)
  - Picture yourself at table with God, and He is overfilling your cup. Given its significance in that culture, how do you feel about God's invitation to you to stay?
  - Do you ever feel like you need to pay Him back for His free gift of grace? Or make it even? Or somehow earn it?
4. Does your life reflect His overflowing extravagance?
5. An exercise given in the sermon was to take an inventory of your life, to see where and how can we turn the distractions down so that we can sit in his presence and allow him to fill our cup to overflowing. How would you answer that now?
6. Is there someone in your life that you want to explain this message to? Take time to pray for that person/those people, and ask God for an opportunity to tangibly love them this week, and for the opportunity to speak with them if possible!

***May we live this season with a renewed purpose to trust our great Good Shepherd, individually, in our communities, and as a church family.***